

Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
Gutter 11 og 12 år 750 m 2x2							
1	Splint lag 1 (10)			10:28			
	1 Tobias Larsen	02:07 3	00:06	02:07 3	00:06		
	2 Kristian Sandnes	02:35 2	00:03	04:42 1	00:00	2	
	3 Tobias Larsen	02:32 3	00:12	07:14 2	00:07	-1	
	4 Kristian Sandnes	03:14 1	00:00	10:28 1	00:00	1	
2	Innstrandens IL lag 4 (14)			10:32	00:04		
	1 Nicolai Eitejord	02:15 4	00:14	02:15 4	00:14		
	2 Marius Finstad	02:32 1	00:00	04:47 3	00:05	1	
	3 Nicolai Eitejord	02:31 2	00:11	07:18 3	00:11	0	
	4 Marius Finstad	03:14 1	00:00	10:32 2	00:04	1	
3	Innstrandens IL lag 1 (11)			10:35	00:07		
	1 Amund Kleist Godal	02:01 1	00:00	02:01 1	00:00		
	2 Håvard Solbakken	02:46 4	00:14	04:47 3	00:05	-2	
	3 Amund Kleist Godal	02:20 1	00:00	07:07 1	00:00	2	
	4 Håvard Solbakken	03:28 3	00:14	10:35 3	00:07	-2	
4	Innstrandens IL lag 2 (12)			10:59	00:31		
	1 Jørgen Eidem Jensen	02:02 2	00:01	02:02 2	00:01		
	2 Lasse Haldorsen	02:41 3	00:09	04:43 2	00:01	0	
	3 Jørgen Eidem Jensen	02:35 4	00:15	07:18 3	00:11	-1	
	4 Lasse Haldoren	03:41 5	00:27	10:59 4	00:31	-1	
5	Innstrandens IL lag 3 (13)			11:25	00:57		
	1 Henrik Nyvold	02:18 5	00:17	02:18 5	00:17		
	2 Johan Mannvik Holm	02:47 5	00:15	05:05 5	00:23	0	
	3 Henrik Nyvold	02:49 5	00:29	07:54 5	00:47	0	
	4 Johan Mannvik Holm	03:31 4	00:17	11:25 5	00:57	0	
6	Innstrandens IL lag 6 (16)			12:48	02:20		
	1 Elias M Knutsen	02:45 7	00:44	02:45 7	00:44		
	2 Johan Kjeldsen Myhre	03:06 6	00:34	05:51 6	01:09	1	
	3 Elias M Knutsen	03:03 6	00:43	08:54 6	01:47	0	
	4 Johan Kjeldsen Myhre	03:54 6	00:40	12:48 6	02:20	0	
7	Innstrandens IL lag 5 (15)			13:45	03:17		
	1 Martin Fagervoll	02:42 6	00:41	02:42 6	00:41		
	2 Oscar Bakke	03:26 9	00:54	06:08 7	01:26	-1	
	3 Martin Fagervoll	03:13 8	00:53	09:21 7	02:14	0	
	4 Oscar Bakke	04:24 9	01:10	13:45 7	03:17	0	
8	Innstrandens IL lag 8 (18)			13:53	03:25		
	1 Daniel T Larsen	02:46 8	00:45	02:46 8	00:45		
	2 Henrik Blix	03:25 8	00:53	06:11 8	01:29	0	
	3 Daniel T Larsen	03:10 7	00:50	09:21 7	02:14	1	
	4 Henrik Blix	04:32 10	01:18	13:53 8	03:25	-1	
9	Innstrandens IL lag 7 (17)			14:00	03:32		
	1 Joachim Kristiansen	02:52 9	00:51	02:52 9	00:51		
	2 Henrik Paulsen	03:32 10	01:00	06:24 9	01:42	0	
	3 Joachim Kristiansen	03:20 9	01:00	09:44 9	02:37	0	
	4 Henrik Paulsen	04:16 7	01:02	14:00 9	03:32	0	
10	Innstrandens IL lag 9 (19)			14:25	03:57		
	1 Eivind Valle	03:04 10	01:03	03:04 10	01:03		
	2 Magnus Halvorsen	03:23 7	00:51	06:27 10	01:45	0	
	3 Eivind Valle	03:41 10	01:21	10:08 10	03:01	0	
	4 Magnus Halvorsen	04:17 8	01:03	14:25 10	03:57	0	

Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
Gutter 13 og 14 år 750 m 2x2							
1	Valnesfjord/Splint lag 1 (30)			08:48		00:00	
	1 Sebastian Loraas	01:47 1	00:00	01:47 1	00:00		
	2 Magnus Sandnes	02:09 2	00:04	03:56 1	00:00	0	
	3 Sebastian Loraas	02:06 1	00:00	06:02 1	00:00	0	
	4 Magnus Sandnes	02:46 1	00:00	08:48 1	00:00	0	
2	Tverlandet IL lag 1 (31)			09:03		00:15	
	1 Vebjørn Moen	01:54 2	00:07	01:54 2	00:07		
	2 Sander Murbræch	02:05 1	00:00	03:59 2	00:03	0	
	3 Vebjørn Moen	02:16 2	00:10	06:15 2	00:13	0	
	4 Sander Murbræch	02:48 2	00:02	09:03 2	00:15	0	
3	Fauske IL lag 2 (29)			09:44		00:56	
	1 Martin Olai Jonassen	01:57 3	00:10	01:57 3	00:10		
	2 Brian Holmstrøm	02:19 3	00:14	04:16 3	00:20	0	
	3 Martin Olai Jonassen	02:29 3	00:23	06:45 3	00:43	0	
	4 Brian Holmstrøm	02:59 3	00:13	09:44 3	00:56	0	
4	Fauske IL lag 1 (28)			09:56		01:08	
	1 Eivind Willumsen	02:05 4	00:18	02:05 4	00:18		
	2 Aron Rolandsen	02:21 4	00:16	04:26 4	00:30	0	
	3 Eivind Willumsen	02:29 3	00:23	06:55 4	00:53	0	
	4 Aron Rolandsen	03:01 4	00:15	09:56 4	01:08	0	
5	Innstrandens IL lag 1 (32)			11:32		02:44	
	1 Eirik Lind Aspmo	02:39 6	00:52	02:39 6	00:52		
	2 Espen Samuelsen Skiri	02:35 5	00:30	05:14 5	01:18	1	
	3 Eirik Lind Aspmo	02:52 5	00:46	08:06 5	02:04	0	
	4 Espen Samuelsen Skiri	03:26 5	00:40	11:32 5	02:44	0	
6	Fauske IL lag 3 (34)			12:12		03:24	
	1 Øyvind Nystadbakk	02:24 5	00:37	02:24 5	00:37		
	2 Håkon Nystadbakk	02:58 6	00:53	05:22 6	01:26	-1	
	3 Øyvind Nystadbakk	02:52 5	00:46	08:14 6	02:12	0	
	4 Håkon Nystadbakk	03:58 6	01:12	12:12 6	03:24	0	
7	Innstrandens IL lag 2 (33)			13:14		04:26	
	1 Tim Klefta	02:56 7	01:09	02:56 7	01:09		
	2 Amund Kongsbakk Bø	03:02 7	00:57	05:58 7	02:02	0	
	3 Tim Klefta	03:18 7	01:12	09:16 7	03:14	0	
	4 Amund Kongsbakk Bø	03:58 6	01:12	13:14 7	04:26	0	

Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
Gutter 15 og 16 år 750 m 2x3							
1	Innstrandens IL lag 3 (46)			12:13		00:00	
	1 Christian Staurbakk	01:45 1	00:00	01:45 1	00:00		
	2 Joakim Thomassen	01:59 3	00:06	03:44 1	00:00	0	
	3 Christian Staurbakk	02:04 1	00:00	05:48 1	00:00	0	
	4 Joakim Thomassen	01:58 1	00:00	07:46 1	00:00	0	
	5 Christian Staurbakk	02:03 2	00:03	09:49 1	00:00	0	
	6 Joakim Thomassen	02:24 1	00:00	12:13 1	00:00	0	
2	Innstrandens IL lag 2 (45)			12:19		00:06	
	1 Erlend Elvos Kjeldstrup	01:45 1	00:00	01:45 1	00:00		
	2 Håvard Irgens	02:01 4	00:08	03:46 3	00:02	-2	
	3 Erlend Elvos Kjeldstrup	02:04 1	00:00	05:50 2	00:02	1	
	4 Håvard Irgens	01:59 2	00:01	07:49 2	00:03	0	
	5 Erlend Elvos Kjeldstrup	02:00 1	00:00	09:49 1	00:00	1	
	6 Håvard Irgens	02:30 2	00:06	12:19 2	00:06	-1	
3	Innstrandens IL lag 1 (44)			12:40		00:27	
	1 Ask Kleist Godal	01:48 4	00:03	01:48 4	00:03		
	2 Jørgen Jakola	01:58 2	00:05	03:46 3	00:02	1	
	3 Ask Kleist Godal	02:05 3	00:01	05:51 3	00:03	0	
	4 Jørgen Jakola	02:03 4	00:05	07:54 3	00:08	0	
	5 Ask Kleist Godal	02:11 3	00:11	10:05 3	00:16	0	
	6 Jørgen Jakola	02:35 3	00:11	12:40 3	00:27	0	
4	Splint lag 1 (42)			13:05		00:52	
	1 Fredrik Hanssen Mosti	01:51 6	00:06	01:51 6	00:06		
	2 Sondre Stormo	01:53 1	00:00	03:44 1	00:00	5	
	3 Fredrik Hanssen Mosti	02:10 4	00:06	05:54 4	00:06	-3	
	4 Sondre Stormo	02:01 3	00:03	07:55 4	00:09	0	
	5 Fredrik Hanssen Mosti	02:24 6	00:24	10:19 4	00:30	0	
	6 Sondre Stormo	02:46 4	00:22	13:05 4	00:52	0	
5	IL Vinger/Rognan IL lag 1 (47)			13:53		01:40	
	1 Peter Skarheim	01:46 3	00:01	01:46 3	00:01		
	2 Johan Pettersen	02:18 6	00:25	04:04 5	00:20	-2	
	3 Peter Skarheim	02:18 5	00:14	06:22 5	00:34	0	
	4 Johan Pettersen	02:21 5	00:23	08:43 5	00:57	0	
	5 Peter Skarheim	02:16 4	00:16	10:59 5	01:10	0	
	6 Johan Pettersen	02:54 5	00:30	13:53 5	01:40	0	
6	Innstrandens IL/Tverlandet IL lag 1 (43)			14:04		01:51	
	1 Runar Mellerud	01:50 5	00:05	01:50 5	00:05		
	2 Andreas Moen	02:14 5	00:21	04:04 5	00:20	0	
	3 Runar Mellerud	02:19 6	00:15	06:23 6	00:35	-1	
	4 Andreas Moen	02:21 5	00:23	08:44 6	00:58	0	
	5 Runar Mellerud	02:23 5	00:23	11:07 6	01:18	0	
	6 Andreas Moen	02:57 6	00:33	14:04 6	01:51	0	

Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
Herrer junior 1,2 km 2x3							
1	Innstrandens IL lag 2 (51)			20:49		00:00	
	1 Eirik Solvang	03:02 3	00:13	03:02 3	00:13		
	2 Andreas Sandnes Olsen	03:19 1	00:00	06:21 1	00:00	2	
	3 Eirik Solvang	03:23 1	00:00	09:44 1	00:00	0	
	4 Andreas Sandnes Olsen	03:33 1	00:00	13:17 1	00:00	0	
	5 Eirik Solvang	03:28 2	00:10	16:45 1	00:00	0	
	6 Andreas Sandnes Olsen	04:04 1	00:00	20:49 1	00:00	0	
2	Innstrandens IL lag 1 (50)			21:12		00:23	
	1 Morten Teksnes	02:49 1	00:00	02:49 1	00:00		
	2 Aleksander Bremnes	03:32 3	00:13	06:21 1	00:00	0	
	3 Morten Teksnes	03:23 1	00:00	09:44 1	00:00	0	
	4 Aleksander Bremnes	03:49 4	00:16	13:33 2	00:16	-1	
	5 Morten Teksnes	03:18 1	00:00	16:51 2	00:06	0	
	6 Aleksander Bremnes	04:21 4	00:17	21:12 2	00:23	0	
3	Innstrandens IL lag 4 (53)			21:21		00:32	
	1 Kristian Bjune Sveen	03:01 2	00:12	03:01 2	00:12		
	2 Petter Jakola	03:27 2	00:08	06:28 3	00:07	-1	
	3 Kristian Bjune Sveen	03:29 3	00:06	09:57 3	00:13	0	
	4 Petter Jakola	03:43 2	00:10	13:40 3	00:23	0	
	5 Kristian Bjune Sveen	03:30 3	00:12	17:10 3	00:25	0	
	6 Petter Jakola	04:11 2	00:07	21:21 3	00:32	0	
4	Innstrandens IL lag 3 (52)			23:31		02:42	
	1 Henrik Stormli	03:22 4	00:33	03:22 4	00:33		
	2 Tobias T Jacobsen	03:36 4	00:17	06:58 4	00:37	0	
	3 Henrik Stormli	04:20 4	00:57	11:18 4	01:34	0	
	4 Tobias T Jacobsen	03:47 3	00:14	15:05 4	01:48	0	
	5 Henrik Stormli	04:12 4	00:54	19:17 4	02:32	0	
	6 Tobias T Jacobsen	04:14 3	00:10	23:31 4	02:42	0	

Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
Herrer senior 1,2 km 2x3							
1	Fauske IL lag 1 (55)			20:58		00:00	
	1 Ruben Rolandsen	03:10 2	00:09	03:10 2	00:09		
	2 Kjetil Bjørnstad	03:14 1	00:00	06:24 1	00:00	1	
	3 Ruben Rolandsen	03:38 1	00:00	10:02 1	00:00	0	
	4 Kjetil Bjørnstad	03:24 1	00:00	13:26 1	00:00	0	
	5 Ruben Rolandsen	03:37 1	00:00	17:03 1	00:00	0	
	6 Kjetil Bjørnstad	03:55 1	00:00	20:58 1	00:00	0	
2	Splint lag 1 (57)			21:41		00:43	
	1 Stian Storborg	03:12 3	00:11	03:12 3	00:11		
	2 Knut Aksel Hansten	03:20 2	00:06	06:32 2	00:08	1	
	3 Stian Storborg	03:48 4	00:10	10:20 3	00:18	-1	
	4 Knut Aksel Hansten	03:31 2	00:07	13:51 2	00:25	1	
	5 Stian Storborg	03:50 4	00:13	17:41 2	00:38	0	
	6 Knut Aksel Hansten	04:00 2	00:05	21:41 2	00:43	0	
3	SISO lag 1 (61)			22:24		01:26	
	1 Kenneth Støre Kristiansen	03:01 1	00:00	03:01 1	00:00		
	2 Vegard Pedersen	03:38 5	00:24	06:39 3	00:15	-2	
	3 Kenneth Støre Kristiansen	03:40 2	00:02	10:19 2	00:17	1	
	4 Vegard Pedersen	03:58 6	00:34	14:17 3	00:51	-1	
	5 Kenneth Støre Kristiansen	03:41 2	00:04	17:58 3	00:55	0	
	6 Vegard Pedersen	04:26 5	00:31	22:24 3	01:26	0	
4	Tverlandet IL lag 1 (58)			22:48		01:50	
	1 Ivar Moen	03:20 4	00:19	03:20 4	00:19		
	2 Lars Murbræch	03:40 6	00:26	07:00 6	00:36	-2	
	3 Ivar Moen	03:53 5	00:15	10:53 5	00:51	1	
	4 Lars Murbræch	03:49 4	00:25	14:42 4	01:16	1	
	5 Ivar Moen	03:50 4	00:13	18:32 5	01:29	-1	
	6 Lars Murbræch	04:16 4	00:21	22:48 4	01:50	1	
5	Innstrandens IL lag 2 (62)			22:59		02:01	
	1 Lars Arne Ellefsen	03:24 6	00:23	03:24 6	00:23		
	2 Arild Hegreberg	03:49 7	00:35	07:13 7	00:49	-1	
	3 Lars Arne Ellefsen	03:41 3	00:03	10:54 6	00:52	1	
	4 Arild Hegreberg	03:55 5	00:31	14:49 5	01:23	1	
	5 Lars Arne Ellefsen	03:41 2	00:04	18:30 4	01:27	1	
	6 Arild Hegreberg	04:29 6	00:34	22:59 5	02:01	-1	
6	Innstrandens IL lag 4 (64)			23:35		02:37	
	1 Sondre Wold Arntsen	03:27 8	00:26	03:27 8	00:26		
	2 Anders-Johan Almås	03:29 3	00:15	06:56 5	00:32	3	
	3 Sondre Wold Arntsen	04:16 8	00:38	11:12 7	01:10	-2	
	4 Anders-Johan Almås	03:43 3	00:19	14:55 6	01:29	1	
	5 Sondre Wold Arntsen	04:31 8	00:54	19:26 8	02:23	-2	
	6 Anders-Johan Almås	04:09 3	00:14	23:35 6	02:37	2	
7	Innstrandens IL lag 1 (56)			23:39		02:41	
	1 Bjørn Harald Sandvik	03:20 4	00:19	03:20 4	00:19		
	2 Fredrik Undli	03:32 4	00:18	06:52 4	00:28	0	
	3 Bjørn Harald Sandvik	04:00 7	00:22	10:52 4	00:50	0	
	4 Fredrik Undli	04:10 8	00:46	15:02 7	01:36	-3	
	5 Bjørn Harald Sandvik	04:08 7	00:31	19:10 6	02:07	1	
	6 Fredrik Undli	04:29 6	00:34	23:39 7	02:41	-1	
8	Stormfjell lag 1 (59)			23:55		02:57	
	1 Andre Johnsen Navjord	03:26 7	00:25	03:26 7	00:25		
	2 Christian Jørgen Rasmussen	03:50 8	00:36	07:16 8	00:52	-1	

Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
Herrer senior 1,2 km 2x3							
3	Andre Johnsen Navjord	03:58 6	00:20	11:14 8	01:12	0	
4	Christian Jørgen Rasmussen	04:03 7	00:39	15:17 8	01:51	0	
5	Andre Johnsen Navjord	03:58 6	00:21	19:15 7	02:12	1	
6	Christian Jørgen Rasmussen	04:40 8	00:45	23:55 8	02:57	-1	
9	Innstrandens IL lag 3 (63)			32:28	11:30		
1	Stefan Revang	04:21 9	01:20	04:21 9	01:20		
2	Erik Woje	05:19 9	02:05	09:40 9	03:16	0	
3	Stefan Revang	05:01 9	01:23	14:41 9	04:39	0	
4	Erik Woje	06:00 10	02:36	20:41 9	07:15	0	
5	Stefan Revang	05:14 9	01:37	25:55 9	08:52	0	
6	Erik Woje	06:33 9	02:38	32:28 9	11:30	0	
10	Intersport lag 1 (60)			35:37	14:39		
1	Martin Furnes	04:48 10	01:47	04:48 10	01:47		
2	Jørgen Pedersen	05:42 10	02:28	10:30 10	04:06	0	
3	Martin Furnes	05:46 10	02:08	16:16 10	06:14	0	
4	Jørgen Pedersen	05:22 9	01:58	21:38 10	08:12	0	
5	Martin Furnes	07:11 10	03:34	28:49 10	11:46	0	
6	Jørgen Pedersen	06:48 10	02:53	35:37 10	14:39	0	

Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
Jenter 11 og 12 år 750 m 2x2							
1	Fauske IL lag 1 (1)			12:14		00:00	
	1 Andrea Karoline Holmstrøm	02:20 1	00:00	02:20 1	00:00		
	2 Maja Alstad-Larsen	03:10 4	00:12	05:30 1	00:00	0	
	3 Andrea Karoline Holmstrøm	02:48 1	00:00	08:18 1	00:00	0	
	4 Maja Alstad-Larsen	03:56 2	00:12	12:14 1	00:00	0	
2	Valnesfjord IL lag 1 (3)			12:52		00:38	
	1 Åshild Jensen	02:35 3	00:15	02:35 3	00:15		
	2 Jenny Vangberg Jensen	03:07 2	00:09	05:42 2	00:12	1	
	3 Åshild Jensen	03:07 4	00:19	08:49 2	00:31	0	
	4 Jenny Vangberg Jensen	04:03 4	00:19	12:52 2	00:38	0	
3	Innstrandens IL lag 3 (6)			12:57		00:43	
	1 Eiril T Limstrand	02:44 4	00:24	02:44 4	00:24		
	2 Cecilie F Pettersen	03:08 3	00:10	05:52 3	00:22	1	
	3 Eiril T Limstrand	03:05 3	00:17	08:57 4	00:39	-1	
	4 Cecilie F Pettersen	04:00 3	00:16	12:57 3	00:43	1	
4	Innstrandens IL lag 1 (4)			12:59		00:45	
	1 Solveig B Sveen	02:58 5	00:38	02:58 5	00:38		
	2 Martine Thomassen	02:58 1	00:00	05:56 4	00:26	1	
	3 Solveig B Sveen	03:19 5	00:31	09:15 5	00:57	-1	
	4 Martine Thomassen	03:44 1	00:00	12:59 4	00:45	1	
5	Innstrandens IL lag 2 (5)			13:03		00:49	
	1 Sigrid Hebstad	02:33 2	00:13	02:33 2	00:13		
	2 Ella Tammel Tryggestad	03:23 6	00:25	05:56 4	00:26	-2	
	3 Sigrid Hebstad	02:55 2	00:07	08:51 3	00:33	1	
	4 Ella Tammel Tryggestad	04:12 6	00:28	13:03 5	00:49	-2	
6	Tverlandet IL lag 1 (2)			13:40		01:26	
	1 Sigrid Murbræch	03:01 6	00:41	03:01 6	00:41		
	2 Sigri Moen	03:11 5	00:13	06:12 6	00:42	0	
	3 Sigrid Murbræch	03:25 6	00:37	09:37 6	01:19	0	
	4 Sigri Moen	04:03 4	00:19	13:40 6	01:26	0	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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Jenter 13 og 14 år 750 m 2x2

1	Fauske IL lag 1 (23)			09:42		00:00	
	1 Hennie Barstrand Stornes	02:09 2	00:05	02:09 2	00:05		
	2 Emilie Helskog	02:11 1	00:00	04:20 1	00:00	1	
	3 Hennie Barstrand Stornes	02:28 1	00:00	06:48 1	00:00	0	
	4 Emilie Helskog	02:54 1	00:00	09:42 1	00:00	0	
2	Innstrandens IL lag 1 (24)			10:46		01:04	
	1 Inga Haukland Eide	02:04 1	00:00	02:04 1	00:00		
	2 Kristine Pettersen	02:35 2	00:24	04:39 2	00:19	-1	
	3 Inga Haukland Eide	02:31 2	00:03	07:10 2	00:22	0	
	4 Kristine Pettersen	03:36 2	00:42	10:46 2	01:04	0	
3	Innstrandens IL lag 2 (25)			13:16		03:34	
	1 Lone Aune	02:40 3	00:36	02:40 3	00:36		
	2 Marianne Johansen	03:01 3	00:50	05:41 3	01:21	0	
	3 Lone Aune	03:42 3	01:14	09:23 3	02:35	0	
	4 Marianne Johansen	03:53 3	00:59	13:16 3	03:34	0	

Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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Jenter 15 og 16 år 750 m 2x3

1	Fauske IL lag 1 (37)			13:37		00:00	
	1 Ingrid Mathisen	01:57 1	00:00	01:57 1	00:00		
	2 Christina Rolandsen	02:10 2	00:01	04:07 1	00:00	0	
	3 Ingrid Mathisen	02:13 1	00:00	06:20 1	00:00	0	
	4 Christina Rolandsen	02:14 1	00:00	08:34 1	00:00	0	
	5 Ingrid Mathisen	02:14 1	00:00	10:48 1	00:00	0	
	6 Christina Rolandsen	02:49 1	00:00	13:37 1	00:00	0	
2	Innstrandens IL lag 1 (38)			13:52		00:15	
	1 Trine Sønstelien	01:58 2	00:01	01:58 2	00:01		
	2 Julianne Haukland Eide	02:09 1	00:00	04:07 1	00:00	1	
	3 Trine Sønstelien	02:17 2	00:04	06:24 2	00:04	-1	
	4 Julianne Haukland Eide	02:15 2	00:01	08:39 2	00:05	0	
	5 Trine Sønstelien	02:20 2	00:06	10:59 2	00:11	0	
	6 Julianne Haukland Eide	02:53 2	00:04	13:52 2	00:15	0	
3	Innstrandens IL lag 2 (39)			14:49		01:12	
	1 Sara Winther	02:05 3	00:08	02:05 3	00:08		
	2 Oda Eidem Jensen	02:23 3	00:14	04:28 3	00:21	0	
	3 Sara Winther	02:33 3	00:20	07:01 3	00:41	0	
	4 Oda Eidem Jensen	02:20 3	00:06	09:21 3	00:47	0	
	5 Sara Winther	02:20 2	00:06	11:41 3	00:53	0	
	6 Oda Eidem Jensen	03:08 3	00:19	14:49 3	01:12	0	

Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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Kvinner junior 1,2 km 2x3

1	SISO lag 1 (68)			26:38		00:00	
	1 Emilie N Olsen	03:54 2	00:01	03:54 2	00:01		
	2 Marie H Evjenth	04:11 1	00:00	08:05 1	00:00	1	
	3 Emilie N Olsen	04:29 1	00:00	12:34 1	00:00	0	
	4 Marie H Evjenth	04:29 1	00:00	17:03 1	00:00	0	
	5 Emilie N Olsen	04:35 2	00:02	21:38 1	00:00	0	
	6 Marie H Evjenth	05:00 1	00:00	26:38 1	00:00	0	
2	Innstrandens IL/Valnesfjord IL lag 1 (69)			27:35		00:57	
	1 Marte Pedersen	03:53 1	00:00	03:53 1	00:00		
	2 Tine Bergkvist	04:29 2	00:18	08:22 2	00:17	-1	
	3 Marte Pedersen	04:35 2	00:06	12:57 2	00:23	0	
	4 Tine Bergkvist	04:43 2	00:14	17:40 2	00:37	0	
	5 Marte Pedersen	04:33 1	00:00	22:13 2	00:35	0	
	6 Tine Bergkvist	05:22 2	00:22	27:35 2	00:57	0	

Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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Kvinner senior 1,2 km 2x3

1	Innstrandens IL lag 1 (71)			25:22		00:00	
	1 Lene Pedersen	03:28 1	00:00	03:28 1	00:00		
	2 Heidi Mørkved	04:15 1	00:00	07:43 1	00:00	0	
	3 Lene Pedersen	03:59 1	00:00	11:42 1	00:00	0	
	4 Heidi Mørkved	04:28 1	00:00	16:10 1	00:00	0	
	5 Lene Pedersen	04:06 1	00:00	20:16 1	00:00	0	
	6 Heidi Mørkved	05:06 1	00:00	25:22 1	00:00	0	
2	Innstrandens IL lag 2 (73)			26:52		01:30	
	1 Marit Elvos	03:43 2	00:15	03:43 2	00:15		
	2 Katrine Blom	04:30 2	00:15	08:13 2	00:30	0	
	3 Marit Elvos	04:16 2	00:17	12:29 2	00:47	0	
	4 Katrine Blom	04:54 2	00:26	17:23 2	01:13	0	
	5 Marit Elvos	04:15 2	00:09	21:38 2	01:22	0	
	6 Katrine Blom	05:14 2	00:08	26:52 2	01:30	0	

Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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